

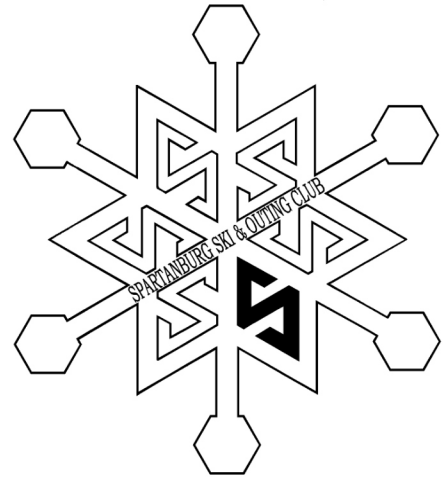
A Non-Profit Organization

March 2024

SPARTANBURG SKI and OUTING CLUB



ESTABLISHED 1969



MEMBER CRESCENT SKI COUNCIL

March 7 (Thursday) “Senior Fitness” Program,
Chapman Cultural Center at 7:00 pm

March 19 (Tuesday) Mini-Social at Route
290 in Duncan at 6:30 pm

March 21 (Thursday) SSOC Board Meeting at
Rich’s home at 7:00 pm

<http://www.spartanburgskiclub.org>

Hello to all of our SSOC members.

Welcome new member Barry G. as a new family membership combining Jerome Gomez! Great to have new members to take part in our upcoming festivities and yes there are a lot of those happening. Make sure to read the whole newsletter to get them all.

A big thank you to the board for a successful meeting. We have a nominated board voting in our March meeting. We have appointees to announce for our other committee positions. We have 4 members confirmed for convention in Myrtle Beach. Put your leg warmers on for the senior fitness program on March 7th. We have a mini social for Route 290 coming in March. We have monies to donate to St. Lukes! This club ROCKS. Thank you to all of our members for stepping up to assist fundraising and donating to our organizations. Yes, this is a lot of great stuff, so remember to snap a few photos in all of our adventures and SHARE THEM on face book and other social platforms.

Promote your friendship along with us.

Your President, David Grayshock



2024 – 2025 Spartanburg Ski & Outing
Club

Slate of Elected Officers



PRESIDENT – David Grayshock

VICE PRESIDENT – Rich Darling

SECRETARY – Alison Kimball

TREASURER – Roger Meadows

Please show your officers your support as
they work tirelessly to provide the club with
activities and events all year round!





OLIN DELANO HAYNES
12/2/1936 -- 2/11/2024

Del died peacefully at his home. He is survived by his wife of almost 50 years Shelia; son Bradley Haynes and daughter Susan Alison Brown; step-daughters Susan Jackson and Leigh Ann Lawter; grandchildren Jackson and Jenna Haynes, Abby Brown, Marley DeFreitas, and Santana (Ceci) Greene; and great-grandchildren Isabella and Troy Greene.

After graduating from Seneca High School, he became a very proud South Carolina Gamecock, serving in the naval ROTC and playing varsity tennis when the team traveled to NCAA matches by station wagon. He earned his masters at Georgia Tech.

Del was a founding member of the Spartanburg Ski Club, serving several terms as president. He remained a member until poor health prevented his active participation and skied well into his 60's. The photo above was taken at SSOC's 50th anniversary party.

When asked recently what he would do if he won the lottery, he replied, "I'd buy a kick-ass RV and hit the road." High hopes for an 87-year-old!

Per his wishes, his body was donated to science and no services will be held. His friends should drink a toast to his memory!



Senior Fitness Program for Spartanburg Ski and
Outing Club members at Chapman Cultural
Center on March 7, 2024 (Thursday) at 7:00 pm

1. Presenter : Teresa A. Bowers, MD
2. Special guests :
 - Tracy Harrison (Trainer)
 - Justin Looney (General Manager at Anytime Fitness Spartanburg - Westside)
 - Nan Breon (Pilates & Senior Fit Instructor)
3. Overview benefits of exercises for people 60 and older by Teresa Bowers
4. Demonstration of basic 5 exercises by Teresa Bowers and Tracy Harrison
5. “What is SilverSneakers program and is this program beneficial for you “ presented by Teresa Bowers
6. Anytime Fitness presented by guest speaker : Justin Looney
7. Q & A Session





Meet up at Route 290 for the next mini social: 1384 E Main Street, Duncan at 6:30 pm on Tuesday March 19th. Happy Hour 4-7. View their menu at <https://route-290.com>

Our mini at Brooks Tavern in Tryon was well attended and I'll be going back to try more. Coming up: Hare and the Hound, a brunch, and outdoor dining.

Patricia Lee 864 497-0060



It's that time again Skiclubbers – time to get all gussied up and meet your friends at The Piedmont Club on



Thursday, April 11th. We are celebrating our Annual Banquet & Officer Installation. We will have cocktails at 6:00 from our open bar followed by the buffet at 7:00 pm.

The cost for the buffet and open bar will be \$40 per person. Guests are certainly welcome, and that cost will be \$45. The Piedmont Club has a sensational buffet and desserts to die for... so you don't want to miss this one.

For our new members, we do this every year in April and enjoy the food & beverage and then have a short program where we install our newly elected officers. And there is usually some information on things to come!



I will need a headcount for this event and payment needs to be made in advance please. The deadline will be Monday, April 8th. So, members, mail me your check or give it to me at the March meeting on March 7th at Chapman. Make the check PAYABLE to SSOC – and mail to ME My address is: Alison Kimball - 166 Ivy Circle - Inman, SC 29349



Spring Wildflower Hike

Saturday, April 6

Easy 2 mile stroll in the woods to see trillium, Canadian violets, trout lilies, yellow bellwort, Dutchmen's breeches, bloodroot and more. The trail is between Tryon and Saluda on Hwy 176. It parallels the North Pacolet river and will take us to Melrose Falls.

We will meet in the antique mall parking lot across from the Lake Lanier entrance (1005 S Trade St, Tryon, NC) at 9:30 and car pool to the trailhead as parking is limited there.

After the hike we will continue to Saluda for lunch and brews at the newly reopened Green River BBQ.

If you do not sign up at a meeting please let me know if you are coming.

Mark McCall 864 580 0891
mmccall1@windstream.net





We have a fantastic program about Senior Fitness in March so there will not be any raffles. However the donation box will be there so please drop in some money. Any amount makes a difference.

We delivered a huge amount of items to the food pantry in February. The red wagon is now empty and waiting to be filled. Bring some canned goods or shelf stable items to help those that are in need.

On another note.....

I received a call from Patsy Whitney, Executive Director of St. Luke's, earlier in February. After 16 years as the Executive Director she is stepping away from St. Luke's. As she told me, "It's not a bad thing". She will be working for the South Carolina Free Clinic Association representing all the SC clinics. During the last nine years, SSOC has created quite a relationship with St. Luke's. That relationship will not change. When a replacement is named, we will introduce ourselves and continue doing what we do best, helping our community.

Patsy will be leaving at the end of March. That gives us one more chance to present her with our donation. I would love to have some of our members come with me for this donation. I will set it up and let the club know when that time will be.

Thank you everyone for all you do!

Joy





The SSOC red wagon is empty and ready to be filled once again. We had a nice load for the Humane Society in February consisting of paper towels, detergent, dish soap, old rags and towels, kitten food, cat food, dog food, shredded paper and newspapers. I know I've left some things out so check out the picture on Facebook.

Speaking of kitten food, there is an urgent need for dry kitten food at the Humane Society. *They can use any brand, this is just an example.*



Most all grocery stores carry bags of kitten food. If you prefer you can order it from Amazon or Chewy and have it shipped.

Spartanburg Humane Society
150 Dexter Road
Spartanburg SC 29303

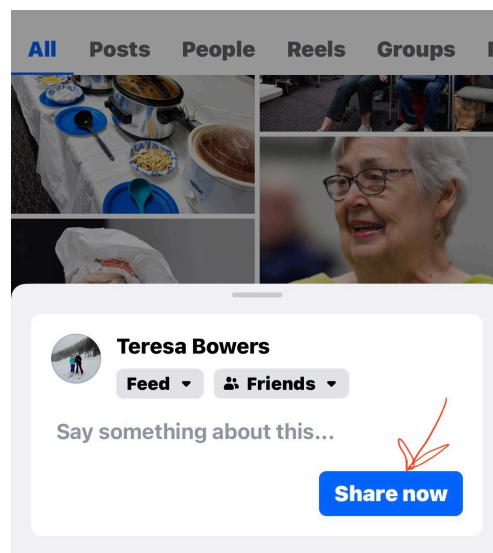
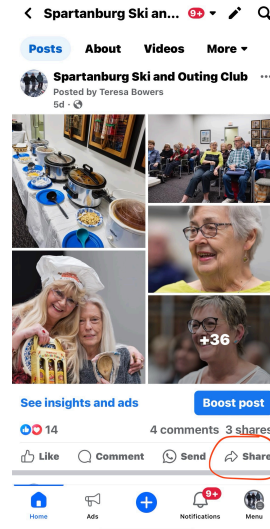
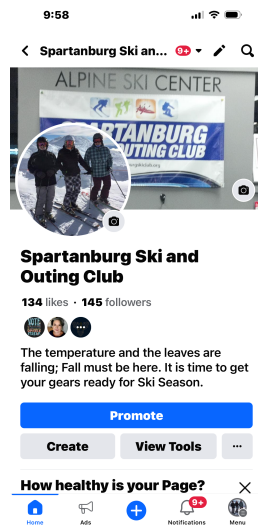




Jerome Gomez	March 1
Philip Salina	March 5
Alison Kimball	March 8
Mark Wright	March 10
Fran Weber	March 19
Marcy Cassady	March 20
Doris Ann Mauney	March 25
Marilyn Salina	March 30



SSOC Facebook page sharing is just 2 simple clicks.....





2023/2024 Crescent Ski Council Race Series

Race Format - Two runs of Slalom on Saturdays; two runs of Giant Slalom on Sundays

March April 8-13,2024 NASTAR Nationals

CSC RACE SERIES SPONSORS OF THE MONTH

The following businesses have donated merchandise and/or certificates to the Crescent Ski Council. Their merchandise and certificates will be used as prizes to the top three finishers in each flight of the CSC Race Series. Please support these establishments and product lines at every possible opportunity.



<https://peakperformancecamp.com/>



www.alpineskicenter.com



www.bananaboat.com



www.swixsport.com



www.kulkea.com



<https://www.atomic.com/en-us>



www.sportsamerica.com



2023 - 2024 BOARD OF DIRECTORS
SPARTANBURG SKI & OUTING CLUB

ELECTED OFFICERS:

PRESIDENT: David Grayshock ** 864-921-5372 ** david@gotchaboat.com

PAST PRESIDENT: Rich Darling ** 309-370-5129 ** dikdar@aol.com

VICE PRESIDENT: Dagmar Lindsey ** 864-576-0322 ** herbski@att.net

SECRETARY: Alison Kimball ** 864-814-5372 ** akimball@bellsouth.net

TREASURER: Rich Darling ** 309-370-5129 ** dikdar@aol.com

APPOINTED OFFICERS:

CRESCENT REPRESENTATIVE: Mark McCall ** 864-580-0891 (C) 828-859-5500 (H) **
mmccalll@windstream.net

FUNDRAISING/OUTREACH: Joy Bobo ** 864-680-5727 (C) 864-433-0802 (H) ** joy.bobo@att.net

HISTORIAN / WEBSITE / RACING LIAISON: Taylor Bomar ** 864-576-3776 (H) ** taylor.bomar@att.net

MEETINGS / PROGRAMS: SSOC Board of Directors

MEMBERSHIP: Rick Cutler ** 864-398-9265 (C) 864-558-4608 (H) ** Rcutler01@hotmail.com

MINI - SOCIALS: Patricia Lee ** 864-472-2253 (C) 864-497-0060 ** Patricia159@windstream.net

NEWSLETTER / PUBLICITY: Teresa Bowers ** 864-431-1892 (C) ** bowers.teresa@yahoo.com

OUTINGS: SSOC Board of Directors

TRIPS: Carol McCall ** 828-817-9700 (C) 828-859-5500 (H) ** mmccalll@windstream.net



NOTES

Any Spartanburg Ski Club member may submit items for publication in the newsletter. The publication deadline is the Saturday following the board meeting each month, which can be found on the pull-out calendar in the newsletter. Call Teresa for information on how to submit your newsletter item.

Also, don't forget - the club has a "tent" available for rent. It is an 18 X 20 tent, and it is easy to assemble. We also have 4 tables that can be rented with or without the tent. We have the makings for that special occasion and it is all very reasonably priced! Tent rental is \$ 35. Tables can be rented for \$5 per table. Remember; don't have a party without the comfort of shade. Your guests will appreciate it and so will the club! For rentals of either tent or tables contact Joy Bobo.

The Spartanburg Ski & Outing Club normally meets the first Thursday of each month at 7:00 PM. We are located at the Chapman Cultural Center (West Wing) on East St. John Street in Spartanburg on the first floor. During the summer months (June, July, and August) meetings are frequently held, more informally, at different sites and times. Therefore it is necessary to consult the club web site or a current newsletter for the time and location. April's meeting is held at the Piedmont Club.

The club does **not** provide alcoholic beverages at membership meetings, but members are allowed to bring their own (BYOB) choices of beer or wine. Over-indulgence is not condoned under any circumstances. Thank you.

Become a Member

A copy of our membership application is located at the following web address:

<http://www.spartanburgskiclub.org/membership/ssocappl.doc>

SPARTANBURG SKI & OUTING CLUB We
PO BOX 2864 Go
SPARTANBURG, SC 29304 for
Snow

March

2024

February							April						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3		1	2	3	4	5	6
4	5	6	7	8	9	10	7	8	9	10	11	12	13
11	12	13	14	15	16	17	14	15	16	17	18	19	20
18	19	20	21	22	23	24	21	22	23	24	25	26	27
25	26	27	28	29			28	29	30				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	1	2
3	4	5	6	7	8	9
				Senior Fitness program, Chapman Cultural Center at 7:00 pm		
10	11	12	13	14	15	16
17	18	19	20	21	22	23
		Mini-Social , Route 290 in Duncan at 6:30 pm		SSOC Board Meeting, Rich's home at 7:00 pm		
24	25	26	27	28	29	30
31	1	2	3	4	5	6
						